

DEFINING MOMENTS

SUMMER 2022



ASPIRUS EMERGENCY MEDICAL
SERVICES AND URGENT CARE

When Healthcare Just Can't Wait



Howard Young
Foundation

Sparkling Water and
Sun on our Faces...

Summer is Here!

All of us at the Howard Young Foundation (HYF) wish you a happy and healthy summer season in the Northwoods. You make quality healthcare here possible. ***Thank you!***



Special Thanks...

Carrie Hoyer, Howard Young Foundation Board of Directors Marketing Chair and Executive Committee Member at Large

Susan Reetz, Clear Focus Media LLC Copywriter

Shawn Stigsell, Stigsell Creative Graphic Design/Art Director

Geri Miller, Photographer

Vanessa Embling, Photographer

All who shared their stories

Howard Young Foundation Staff (Left to Right) Julie Nickelsen, Erin Bierter, Jessie Halverson (Elizabeth Gering-Duемmel not pictured)

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Howard Young
Foundation

Our Mission

The Howard Young Medical Center was built in 1977 through a very generous bequest provided by philanthropist Howard Young. Bearing his name to honor his philanthropic gift, the Foundation was established in 1984 to advance the health and wellness of all people in the communities we serve through your charitable support.

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From the Chairman & the President

Healthy hospitals mean a healthy community, and our hospitals benefit from the strong spirit of philanthropy here. They also benefit from a strong healthcare system.

We are excited to work with Aspirus as they create new services in the area, including urgent care at Howard Young Medical Center. As Aspirus continues to bring their vision to our community and revitalize this full service hospital, we thank them for their dedication to the well-being of our Northwoods residents and visitors, and their commitment to our local hospitals and staff.

Part of that commitment includes outstanding community-based ambulance services and Aspirus MedEvac critical care ground and air medical transport. MedEvac Air 1, the Aspirus Bell 407 helicopter based in the hangar at Howard Young Medical Center, is part of this emergency transportation system. Your generosity helped make this hangar a reality. You can read more about Aspirus EMS on page 6.

As Denny Breitholtz transitions off our Board, we thank him for his time and dedication. We also thank Laurie Oungst for her 25 years of service to local healthcare, and welcome Teri Theiler in her place.

This issue of Defining Moments Magazine is full of articles highlighting some of the ways your generosity and caring have made a difference. From Emergency Services and Autism Services to the Aspirus Tick-Borne Illness Center and Aspirus Seasons of Life Hospice House, together, we are able to continue raising the level of healthcare here.

We simply would not be able to do what we do without the generosity of you, our community and donors. To say we appreciate your ongoing support is an understatement. YOU are the key to sustaining quality healthcare in the Northwoods. Thank you!

Sincerely,



Trig Solberg, Board Chairman



Erin Biertzer, President



Trig Solberg



Erin Biertzer

Board of Directors

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TERI THEILER

BARRY SEIDEL, MD

JAY VONACHEN

GREGG WALKER

2021 YEAR-END APPEAL: PATIENT MONITORS

Thank You to Our Donors

Thank you! Your generosity helped us exceed our Year End Appeal goal to fund new patient monitors for Howard Young Medical Center's 10 Intensive Care Unit rooms. Together we raised \$265,000 which will be used to purchase new patient monitors not only for the ICU rooms, but to help supply them for ALL patient rooms at Howard Young Medical Center and Aspirus Eagle River Hospital. Your generosity makes

a significant impact on healthcare in our community. Together, we are transforming the health and wellness of the Northwoods and assuring that our hospitals will be providing state-of-the-art care for generations to come.

You can continue to make high quality healthcare in our community a reality by donating today at howardyoungfoundation.org.



The Monticello Entrance at
Howard Young Medical Center



BY LAND
— AND —
BY AIR

All hospitals rely on philanthropy, and our local non-profit hospitals are no different. Over the years, lifesaving investments made by donors have helped the Emergency Department (ED) provide the best possible care in the Northwoods. From the MedEvac hangar to most recently the Phillips IntelliView X3 patient monitors, the Howard Young Foundation (HYF) and our generous donors make sure hospital staff have the tools they need to provide the best care possible.

“Providing a high level of care to the more rural parts of our service area is an important part of Aspirus’ commitment to provide quality care across the system,” said Jesse Tischer, Aspirus Senior Vice President and President, Regional Markets. “One way we do this is with our Emergency Medical Services, or EMS.”

EMS is an extension of quality healthcare. Aspirus MedEvac critical care ground and air medical transport, paramedic intercept services and community-based ambulance services provide comprehensive EMS to Aspirus facilities.

Jesse can testify firsthand to the commitment and dedication of the Aspirus ED, EMS and MedEvac transport teams. With experience as a paramedic and flight paramedic he can be found on occasion working alongside these vital community resources.

“I enjoy actively engaging with our staff



and communities by my continued practice as a certified flight paramedic,” Jesse said. “Each time, I am amazed by the opportunity to connect with patients, physicians and other staff from a different vantage point. My shifts in the Northwoods give me the chance to directly impact individual patients and witness the exceptional quality of care.”

Aspirus MedEvac is a prime example of the Aspirus commitment to expanding services in the Northwoods. The hangar located at Howard Young Medical Center now serves as the home base for MedEvac Air 1, the Aspirus Bell 407 helicopter. The commitment of our generous donors played a leading role in the



“We want people to know that when they are experiencing a life-threatening emergency, they can be quickly transported to where they can receive the best and most appropriate level of care.”

– **Jesse Tischer**, Aspirus Senior Vice President and President, Regional Markets

DID YOU KNOW...

If you are being transported by ambulance, you have the right to request which hospital you are taken to, regardless of where your primary care provider is located.



120 Minutes

The recommended time to transport patients to a higher level of care from the first medical transport. The ED at **HYMC consistently exceeds this goal** with a recent cardiac transfer case from Woodruff to Aspirus Wausau in only **97 minutes**.

hangar's development in 2014. The hangar is an integral part of an emergency and patient medical transportation force that has now doubled in size with the Aspirus acquisition of former Ascension Wisconsin facilities.

"We want people to know that when they are experiencing a life-threatening emergency, they can be quickly transported to where they can receive the best and most appropriate level of care," said Jason Keffeler, Aspirus MedEvac System Director.

Using cardiac care as an example, EMS units can perform a 12-lead Electrocardiogram (EKG) at the scene, send it to the ED and begin the process of activating further treatment or transportation in advance which improves patient outcomes.

"Integrated EMS and medical transportation systems offer significant advantages," said Heong P'ng, MD, Medical Director of emergency services at Howard Young Medical Center. "Every second counts and we utilize well established best practices with specific goals to guide our care."

These goals incorporate guidance from groups like the American College of Cardiology and the American Heart Association. A common one recommends that certain protocols are followed to ensure that cardiac patients identified as needing a higher level of care and transport receive this within 120 minutes from the first medical contact. The EDs at Howard Young Medical Center and throughout the Aspirus system consistently exceed this goal. For instance, a recent cardiac transfer case from Woodruff to Aspirus Wausau was completed in only 97 minutes. "All of our staff and EMS partners have been educated on these protocols which results in a team effort that ultimately improves access to care for patients," said Dr. P'ng.

That access includes a direct connection to the Level 2 Trauma Center at Aspirus Wausau Hospital which was recently re-verified by the American College of Surgeons (ACS). Aspirus has a comprehensive trauma program that ensures the appropriate level of care is provided at each location.

Working together, Howard Young Medical Center, Aspirus EMS, the Howard Young Foundation and our generous donors ensure that Northwoods patients receive the best medical care possible. ●

You can support cutting-edge healthcare technology and emergency care by donating to the Howard Young Medical Center's Greatest Needs fund at howardyoungfoundation.org.



You'll see the Aspirus air and ground transport vehicles at work throughout our community.



If it's Not an Emergency, It's Urgent

No matter who your primary care provider is, there may be times when you need to see a health care provider immediately and you simply can't wait for an appointment.

For these unpredictable occasions, Howard Young Medical Center now offers Urgent Care from 7am–8pm each day.

“Urgent care offers convenient, viable options for minor illnesses and non-life-threatening injuries and is the perfect complement to our well-established 24/7 Emergency Department,” Lori Goff, RN, Trauma Services Coordinator at Howard Young Medical Center. “This effort will provide increased access to the residents of our community and the many visitors we welcome to the Lakeland area each year,”

If you need more advanced care, the Urgent Care team you see will connect you with emergency, specialty or other care services as needed.

Urgent Care is located within the Emergency Department at Howard Young Medical Center. Enter through Entrance C and check in with the staff at the desk.

Urgent care delivers the right care for adults and children with minor injuries and illnesses.

Consider urgent care for:

- Allergies
- Cold sores
- Cuts, scrapes, bruises and minor injuries
- Earache
- Headache
- Laryngitis
- Minor sunburn
- Pink eye or minor eye irritation
- Sinus infections
- Sore throat
- Stomachache
- Bladder infection
- Colds, cough and flu
- Ear infections
- Fever
- Insect bites
- Minor burns
- Mononucleosis
- Ringworm
- Rashes
- Sprains
- Upper respiratory infection
- Other minor illnesses

Urgent Care Now Available in Woodruff

Building a Future of Independence

Lakeland STAR, a charter school catering to diverse learners including those with autism spectrum disorder (ASD), makes a profound difference in the lives of their students by building skills and confidence. Now, after five years in operation and increased demand, they're adding a Transition Center to help older students build their capacity for independence.

“The support we get from all the entities and the willingness to work together to help these children has made a difference already. We're building this incredible program in the community and we're building these children an opportunity.”

“My son Sam is on the spectrum. He just turned 18 and has benefited tremendously from the programming at STAR,” said Gregg Walker, Howard Young Foundation Board Member and Lakeland Times Publisher. “I think the chances of him living independently are very high thanks to the support he's had and the skills he'll build on at the Transition Center.”

Students with ASD or other disabilities who have an Individualized Education Plan can remain in the Lakeland STAR program until they are 21 to gain independent living skills and transition to the workforce or post-secondary education. The school is at their current maximum capacity of 38 students with dozens on a waiting list.

“We're busting at the seams right now,” said DeLynn Charon, Case Manager and 18-21 Transition Teacher at STAR Academy. “Everyone's very excited about the Transition

Center. It's going to open in fall of 2022 and will allow us a lot more space. It's also going to be sensory friendly, which is important. And it is visible in the community, which is also great.”

Community support for the Transition Center is impressive.

“Fundraising for Lakeland STAR and autism services in general has always been unbelievable,” Gregg stated. “This past year the Women's Legacy Council, an affiliate of the Howard Young Foundation, jumped in, and in one event they raised over \$300,000 to put towards the Transition Center building. On top of that, our golf event raised an additional \$1.35 million for autism services in the Northwoods.”

The community's generosity made it possible to secure and remodel a building to create the Transition Center. Aspirus has been a great partner for Lakeland STAR and brought in the Samuels Group, a Wausau based commercial



See the vision for Autism Services in the Northwoods on [Page 12](#)

contracting firm, to head up the building remodel. Everyone working on this project is donating back some of their service fees.

“The Center will have a living area, kitchen, laundry, three classrooms, bathrooms, two sensory rooms, a workout space, an office area and possibly a retail space where students can sell products they’ve made,” DeLynn explained. “Students will work on soft skills and learn how to take care of a home, plan meals, shop, cook, do their laundry, budget and pay bills. Everything is geared toward living a successful and fulfilling independent life.”

Students in their junior year begin practical work experience in the community. They will continue to work with area employers and transition agencies like the Division of Vocational Rehabilitation (DVR) and Headwaters, Inc. through the Transition Center as well.

“I think the Howard Young Foundation, Lakeland STAR, Aspirus, Howard Young Medical Center, the Women’s Legacy Council and all the partnerships we’ve built have been phenomenal,” Gregg said. “The support we get from all the entities and the willingness to work together to help these children has made a difference already. We’re building this incredible program in the community and we’re building these children an opportunity.” ●



You can support the Lakeland STAR Transition Center or other autism services by donating to the Howard Young Foundation’s Autism Services Fund at howardyoungfoundation.org.

To learn more about Lakeland STAR visit lakelandstar.org or call 715-358-5259.



Rendering of the mock apartment in the Transition Center opening Fall 2022

Vision for Autism Services in the Northwoods

The Autism Services Fund at the Howard Young Foundation was created in 2017 to support the growing need for resources and services related to ASD in our community. Since then, referrals to Aspirus Koller Behavioral Health for ASD have nearly tripled. With the help of our donors, we have been able to create Lakeland STAR School/Academy, an Autism Diagnostic Clinic and hire a Board Certified Behavior Analyst (BCBA), but the need is still great. Our current campaign is to raise funds to complete the Lakeland STAR Transition Center. Join us as we make this vision a reality.

	Birth – Age 3	Age 3 – 12	Age 13 – 18	Age 18 – 21	Age 21+
CURRENT SERVICES	THE HUMAN SERVICE CENTER <i>Current Services</i> Offers minimal in-home therapy for age 0–3 in the tri-county area	AUTISM SERVICES OFFERED BY ASPIRUS HEALTH <i>Current Services</i> Aspirus Koller Behavioral Health - Diagnosis beginning at age four - Individual/family therapy and support beginning at age four Aspirus Outpatient Therapies - Speech Therapy - Occupational Therapy - BCBA Consultation	LAKELAND STAR SCHOOL/ACADEMY <i>Current Services</i> - Lakeland STAR serves students of all abilities with a personalized education tailored to the way each student learns - Lakeland STAR School serves students in grades 7–8 - Lakeland STAR Academy serves students in grades 9–12 - Services include PAES Lab, Driver’s Education, Speech Therapy, Occupational Therapy, BCBA Consultation, and Equine Therapy		COMMUNITY LIVING <i>Current Services</i> Limited services offered through the state of Wisconsin outside of the area
		LOCAL SCHOOL DISTRICTS <i>Current Services</i> - School-based academic evaluation - IEP team creates specialized academic IEP			
EXPANSION OPPORTUNITIES	ASPIRUS KOLLER BEHAVIORAL HEALTH <i>Will Offer</i> Resource Center for families with children of all ages specializing in children with Autism Services Disorder (ASD) - Expand medical diagnosis to age two - Expand family therapy to age two - Dedicated team of speech and occupational therapists - Expand parent and family support with skilled based trainings		NEW BUILDING <i>Will Offer</i> Current building is at capacity and has a waitlist. Planning is underway for a comprehensive building expansion to meet growing demand for services for students in grades 7–12 with or without an IEP		STAND-ALONE LAKELAND STAR TRANSITION CENTER <i>Current Campaign</i> - Dedicated stand-alone transition center that serves students ages 18–21 on the autism spectrum and with other disabilities who have an IEP - Expanded learning environment to teach gainful employment and living independently to the best of their ability
					STAND-ALONE RESIDENTIAL COMMUNITY LIVING CENTER <i>Will Offer</i> Support for adults living independently in the least restrictive environment

A Light at the End of the Tunnel

Thanks to the Aspirus Tick-Borne Illness Center (the Center) at Howard Young Medical Center, Wade Porter is starting to get his life back.

A career in construction and cabinet making in northwestern Wisconsin meant that Wade spent a great deal of time outside. He lived an active life, until Lyme disease set in. Eventually, he could not even work.

Wade suspects his tick-borne illness went undiagnosed for years. Finally, in 2019, at the age of 53, after suffering chest pains, chronic headaches, joint pain, neuropathy, difficulty concentrating and trouble sleeping, plus years of tests that did not point to a diagnosis, he was tested for Lyme disease. It was positive and he was prescribed a 10-day course of antibiotics and proclaimed cured. Unfortunately, after all that time, the short course of antibiotics did little to help.

"A couple of years went by, and I was still miserable. Some days I couldn't get out of bed," Wade said. "I finally heard about the Center in 2021 from a store owner who had Lyme disease and got help at the Center. This guy told me he regained his ability to work in his shop for 10-hour days, five or six days a week."

Wade became a patient of the Center in the summer of 2021, and it has made a huge difference in his life. Like 66% percent of the 1,257 patient visits at the Center in

2021, he has dealt with a tick-borne illness for more than six months. These are considered chronic cases. Dr. Samuel Shor, MD, FACP, world renowned Lyme disease physician, and past President of the International Lyme and Associated Diseases Society, and the other Center staff are conducting research to track a patient's symptoms, improvement over time and quality of life.

"The Center is fantastic. As soon as you walk in the door, every person you talk to is spot on. Anytime I had a question they got back to me in a timely manner," he recalled. "They were very friendly. They listened to my symptoms, and they just truly care. That's huge."

Wade is getting back into cabinet making and furniture building and expects to see additional improvements in his stamina and overall health.

"It's a blessing I found the Center," he said. "It's like I have light at the end of the tunnel."

The Center began diagnosing and treating patients, as well as researching tick-borne illnesses, in 2019. The region continues to benefit from having this unique set of services here, in the Northwoods. ●

To make an appointment, call the Aspirus Tick-Borne Illness Center at 715.356.8702.



RESEARCH UPDATE

In Dr. Shor's research study, when a patient at the Center tests positive for a tick-borne illness, their symptoms and quality of life are measured using the Horowitz Multiple Systemic Infectious Disease Syndrome Questionnaire (HMQ). Out of the 243 patients measured during 1,100 visits, preliminary analysis shows that 84% of patients saw improvement in their symptoms. 41% of patients saw improvement greater than 50%.

Extending a Helping Hand

Each week, many families in our community depend on the Lakeland Pantry for food, household items, clothing, books and more. Now, thanks to donations from the community and funds received from grants, the Pantry has been able to expand and continue this important work with greater capacity, efficiency and safety for clients and volunteers.

“The expansion created an additional 1500 square feet of space,” said John Winkelman, President of the Lakeland Pantry Board of Directors. “The new area is a climate-controlled warehouse and food storage area. It’s going to make a huge difference!”

Pam Winkelman, John’s wife, also serves on the Lakeland Pantry Board of Directors.

“Our pantry is a hub for Feeding America and The Emergency Food Assistance Program (TEFAP) so that means we accept several semi-truck loads of food each month, some of which we hold for smaller pantries in the area,” explained Pam. “The additional space means we no longer need to unload trucks in the elements, improving safety for our wonderful volunteers and maintaining the quality of the food. Whole pallets can be moved into the freezer and stored there until the other pantries can pick them up.”

The additional space means more non-perishable food and donated clothing can be stored on site. A sink with running water was added to the storage area so

produce can be washed and distributed immediately after delivery. A new 20 by 14-foot walk-in freezer and a 10 by 14-foot cooler (converted from the pantry’s existing 10 by 14-foot walk-in freezer) will be mounted outside of the addition with interior access to maximize the storage area of the addition.

The Pantry fully reopened after COVID restrictions were lifted and the expansion was completed in mid-May. Though drive-through pick up worked well while it was needed, volunteers were happy to welcome clients back into the building, and clients were happy to come inside, reconnect, pick up their food, peruse the clothing and book options and resume medical checks.

Lakeland Pantry has always been vital not just for food and other basic physical needs, but also as a social outlet for both volunteers and clients. And of course, nothing would be possible without the generosity of donations.

“The Howard Young Foundation processes our donations,” Pam said. “But they also give us advice and help us get exposure. What we do wouldn’t be possible without their help and the generosity of the community and our volunteers.”

Lakeland Pantry has a part-time executive director, but the rest of the work is done by volunteers. This team is dedicated to providing help to those in need, and making our community a better place to live. ●

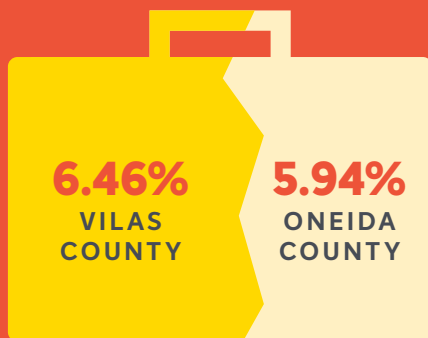
Students from Ascension Lutheran Volunteer at the Lakeland Pantry.



HUNGER EXISTS NEXT DOOR

What causes food insecurity in our community?

UNEMPLOYMENT



Long Term Average Unemployment

Source: Long Term Average Unemployment figures obtained from Bureau of Labor Statistics

POVERTY

VILAS COUNTY
Population: 23,520

- 66% of the populations is at 200% of federal poverty level
- 16% are between 100-199% of poverty level
- 17% are less than 100% of poverty level

Sources: United States Census Population Estimates 7/1/2021
Wisconsin Dept of Health Services, Division of Public Health,
Office of Health Informatics Wisconsin Family Health Survey.

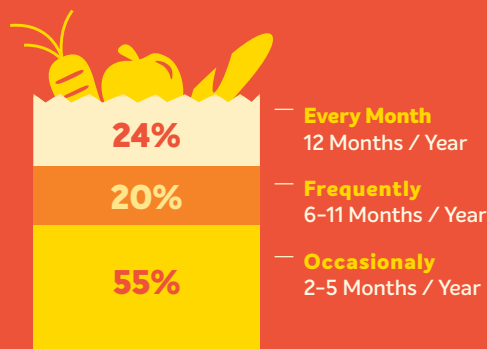


ONEIDA COUNTY
Population: 38,259

- 57% of the populations is at 200% of federal poverty level
- 18% are 100-199% of poverty level
- 18% are less than 100% of poverty level

Frequency of Visits

Percentage of people that visited Lakeland Pantry



Household Size (Total)



Lakeland Pantry Clientele Visits Per Year



Children (0-18): 30%

Adults (18-59): 41%

Seniors (60+): 41%

Disabled Households: 38%

Veteran Households: 12%

SUPPORTING THE PANTRY

With greater capacity to serve more families comes the need to purchase more food. You can support the work of Lakeland Pantry by making a gift to the Lakeland Pantry Greatest Needs Fund through the Howard Young Foundation. *Simply go to howardyoungfoundation.org or mail a check to the Howard Young Foundation, PO Box 470, Woodruff, WI 54568-0470.*

In 2021, there were
1019 Gifts
from 632 donors totaling
\$490,394

A Way of Care

Aspirus Seasons of Life Hospice House in Woodruff, Wisconsin holds a special place in Gracee “Chirpi” Vickerstaff’s heart. She served on the Board of Directors for the hospice house starting in the late 1980s. She and her husband, William “Vick”, who served as the Chairman of the Board for Howard Young Medical Center at the time, were involved with building it. And it was where Vick spent his final days later.

“I took care of my husband at home for as long as I could,” Chirpi said. “I knew at Seasons of Life he would be well cared for and that I could visit him any time. It was a very moving and wonderful experience for our whole family. And this past fall, my son was treated by hospice at home until he passed away.”

Knowing the thought, planning and energy that went into establishing Seasons of Life, as well as what the services bring to patients and families, Chirpi was elated to learn that Aspirus was committed to take over and assume operations of the hospice house and program.

Aspirus at Home-Hospice Services was one of the first hospice programs in the United States,” stated Amy Kitsembel, Bereavement Team Lead for Aspirus Comfort Care and Hospice Services. “It is the most important work for the soul who is providing the work and the soul who is receiving that work, and it incorporates the physical, spiritual and social.”

The hospice interdisciplinary team works together with physicians to manage symptoms for living life in comfort and with dignity. Services can be provided wherever a patient calls home, including private residences, assisted living facilities, nursing homes, hospitals or our local hospice house.



Aspirus Seasons of Life Hospice House is a place of comfort and companionship in Woodruff for patients who choose an alternative to home but still want a home-like setting. A prayer garden with brick pathways and vibrant plants, tended by Lakeland Gardeners, provides a soothing atmosphere for patients and their loved ones. The generosity of Howard Young Foundation donors and proceeds from events hosted by the Lakeland Gardeners provides the necessary resources for the garden and the facility.

“As we have worked to integrate Seasons of Life into the Aspirus system, we quickly realized how much the community supports hospice and the deep responsibility of caring for the people at this special home in the Northwoods,” said Cindy Rider, Vice President of Post-Acute Care for Aspirus Health.

“Hospice isn’t a place; it’s a way of care,” Amy said. “We work with our hearts, and want to provide people with the best end of life experience that we can.” For more information about Aspirus at Home-Hospice Services or Aspirus Seasons of Life Hospice House, call 715-847-2424 or email Amy Kitsembel at Amy.Kitsembel@Aspirus.org. ●

You can support Seasons of Life Hospice House and local hospice services by contributing to the Howard Young Foundation. Go to howardyoungfoundation.org or mail a check to the Howard Young Foundation, PO Box 470, Woodruff, WI 54568.

“

Hospice isn’t a place; it’s a way of care. We work with our hearts, and want to provide people with the best end of life experience that we can.”



Chirpi and Vick Vickerstaff

The Power of Philanthropy

The support of friends like you helps the Howard Young Foundation bring state-of-the-art care to Northwoods residents and visitors, support innovation and research, and strengthen our community through health and wellness. Your gift to the Foundation has the power to change the way we view healthcare at our rural hospitals – one patient at a time. Philanthropy or charitable giving plays a big part in healthcare all over the United States, but it's even more important in small communities like ours.

CUMULATIVE GIVING

It is with deep appreciation that we recognize and honor those listed here for their generous and caring cumulative lifetime giving to the Howard Young Foundation totaling \$2,500 or more through 2021. These generous donors have ensured that the health and wellness of all people in the communities we serve will continue for future generations.

EXTRAORDINARY BENEFACTOR \$1,000,000

Don and Abby Funk
Marilyn and Bill Hopper
Trig and Tula Solberg
Ed Uihlein Family Foundation
Liz and Dick Uihlein
Howard Young Trust

EXCEPTIONAL BENEFACTOR \$500,000

John F. and Eileen L.
Blumenschein Revocable Trust
Raymond and Marie
Goldbach Foundation, Inc.
Dave and Ginny Kavanaugh –
Kavanaugh Family Foundation
Koller Family Foundation
Aldo and Dawn Madrigano
Doug and Jae McCoy
Seramur Family Foundation, Inc.
John and Carolyn Sonnentag
Volunteers of Aspirus
Eagle River Hospital
Robert and Teri Weirauch

DISTINGUISHED BENEFACTOR \$100,000

Ascension Lutheran Church
Ascension Wisconsin
Noelle and David Brock
Toni and Ron Budelier
Robert W. and Yvonne Buhler
Albert W. Cherne Foundation
G. Richard and Nancy Cope
Alverin M. Cornell
Foundation – William
and Wendy Brewer

Jonathan Dobbs and
Jacqueline Pruitt
Donald and Bona Edlmann
Fites Family Charitable Trust
Duane and Kathleen
Foulkes Foundation, Inc.
Joseph and Penny Francois
Scott and Linda Haag
Robert S. Hagge, Jr.
and Elke Hagge
Fred A. Hansen
Hawkeye Boat Sales
Bertrand Hopper
Memorial Foundation
Jeffrey and Carrie Hoye
IncredibleBank
Tom and Mary Joyce Family
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Lawrence and Geraldine Kutz
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Michael and Judith McCoy
Ministry Health Care, Inc.
Minocqua Lions Club
Northern Clearing
Walter E. Olson Foundation
Frances and Anthony
Pogodzinski Foundation
Pritzker Foundation
Roger and Mary Pukall
John and Mary Raitt
Daniel F. and Ada L.
Rice Foundation
Saint Matthias Thrift Shop
Patti and William Schnettler
W.J. and Mary Kay Seifert

Roger R. and Susan B.
Smith Family Trust
Rebecca and
Timothy Sonnentag
Estate of Harry and
Dorothy Sterio
Volunteers of Howard Young
Medical Center, LLC
Jay and Betty Vonachen
Jim Warmington
James and Bernadine Warning
Woodruff Ace Hardware, Inc.
Edward and Diane Zore

OUTSTANDING BENEFACTOR \$50,000

Dr. and Mrs. George Anast
Tony Augustine Family
Ted and Patty Balistreri
Tom Beaudry
William and Mary Beckley
James and Christine Bollwinkle
Otto Bremer Trust
William and Franciscus Bull
Robert and Carol Burress
Debbie and Bob Cervenka
LW & SM Christiansen Trust
Community Presbyterian
Church of Lac du Flambeau
Byron Coon
Dairymen's Foundation Inc.
James T. and Faye I. Evans
Jamey and Pamela Flannery
Vince and Mary Fonti
Global Wealth Management –
Merrill Lynch
Michael and Wendy Graham

Robert and Alma Gray
H.J. Hagge Foundation, Inc.
Milton J. and Betty A. Henrichs
Brad and Susan Holmes
Hooray Ranch
William and Christine Hunter
IncredibleBank
Foundation, Inc.
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Brian Jere
JP Morgan Chase & Company
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Daniel Krivos
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Robert Lemmer Memorial / LUHS District Foundation
Jeffrey and Laura Liegel
Liesen Pinzl Kessinger Dental
Joe and Cindy Lindemann
Allan and Mary Manteuffel
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Kurt and Claire Massie
Frederick and Jill Mathwig
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Ben Morris
Frederic and Beth Mueller
Albert and Kathy Nagy
Judi and Lindsey Nelson
Jon Oaks
James and Clare Okraszewski
Chris Osswald
James and Melissa Patterson
Kenneth and Sue Peters
Robert and Katherine Prentice
Mitch Putnam
Quality Paint & Body, Inc.
William and Sheila Reckmeyer
Michael and Lynn Redenbaugh
Richards Insurance of Beaver Dam
Katie Roe
Ed Rynders
St. Germain Lions Club
Steven Sazama
Paul and Suzanne Shain

Carolyn Smith
Rick Smith
Jane Somers
Jason Stoll
Tom Stoll
Karen Swartz
Darrell and Nancy Tarnow
Thomas and Barbara Thompson
Jesse Tischer
Trout Lake Ladies League
Jesse Turner
Tim Vivian
Gary and Karen Walbruck
Duane and Fern Winger
William Wucherer

**WHITE PINE
\$250 to \$499**
Lisa Africano
American Family Insurance - Angela C. Schuh
American Legion Auxiliary Unit 318
Judith L. Callahan
Karen and Harland Carlson
Dennis and Karen Christopherson
John and Nina Clark
Scott Crawford
Michelle Czarnecki
Dairymen's, Inc.
Drs. Matt and Anne Drewry
Envies Footwear
First Catholic Slovak Ladies Association Rhinelander Branch
Dick and Sally Fitzpatrick
Dr. Race and Lynne Foster
Dan and Joyce Gavronski
David and Velma Geraldson
William and Diane Gitzlaff
Lynn Habeck
Nancy Harvey
Heck Capital Advisors
Weber and Bonnie Hermann
Bill and Venus Hilgart
William W. and Carol J. Hiller
Hogan & Melms, LLP
Howling Dog Saloon, Inc.
Dorothy Jelly
Dick and Judi Johnson
Debra Kivi-Tupper and Robert Tupper
Kortendick Hardware, Inc.
Jeffrey and Margaret Kresch
Christie and William Krugler
Charles and Holly Krull
Judith and Joseph Lakota
Becky and Jeffrey Mader
Manitowish Waters Community Church
Patricia Marquis
Jeanne and Louis Milewski
Milliman, Inc.
Deyonne and Thomas Montgomery

John and Jonel Near
Joy and Kevin Nelson
Michael and JoAnn Nigro
Nimsgern Funeral & Cremation Services
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O'Melia, Schiek & McEldowney S.C.
Cheryl and Ross Pettit
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Elizabeth Purtell
Bill and Maureen Radtke
David and Rebecca Rathkamp
Kathy and Andy Regenfuss
Richard Rosenthal
Ray Rubin
Theodore and Judith Russell
Edward and Ellen Schaub
Dawn and Joseph Schneider
Dennis and Carol Seegers
Jane and Roger Shadick
Shamrock Pub N' Eatery
Shepherd of the Lakes Lutheran Church
Bruce and Janine Smith
Sally Smith
Mike and Judy Smolarek
Bob and Rena Snyder
Roger St. Louis
David Stenstrom
Lynda Tamplin
Walter and Katherine Toben
Dee Ann Todd
Joan Van Hoozen
Nancy R. Ver Kuilen
Veterans Foreign Wars - VFW Post 7898
Robert William and Betty Pyer von Lutzow - von Lutzow Trust
WDS Construction
Jeanette Wheat
Cate Wilson, RN
Terry and Noma Wright

**WHITE CEDAR
\$150 to \$249**
Tim and Jenifer Adamovich
Marcie Ahmann
Adolph and Patricia Becherer
Dr. George and Kim Beiser
Jim and Kathleen Bennett
John Berg and Patricia Rondonelli-Berg
Richard Bergman
Blue Bayou Inn, LTD
Lawrence and Pamela Caldwell
Evelyn Croak
Mary M. Dodge
Maxine Drager
Keith and Peg Dyre
Linda Eckert
Stuart L. and Kathleen A. Foltz
Thomas Garvin
Thomas and Carol Gelwicks
Rick and Lori Goff
James T. and Karen A. Grace

Dennis and Cheryl Gramins
James Griffiths
Linda Gullikson
John and Joan Horan
Daniel and Susan Horton
Wendy K. and Todd R. Hunter
J. Christy's
JJ's Acres
Jill Jones
Gina Kasper
Lee Kelly
Larry Krull
Kwaga Enterprises
Lake of the Torches Resort and Casino
Lakeland Tavern League
Carolyn and Dan Langowski
Timothy Lerch
John L. and Karen E. Lewis
Mary McCann
Moondeer And Friends Gallery
Jill and David Natzke
Larry Nemec
Nils A. Olson, DO
Andrew Orians and Victoria Martin
Carrie Petersen
William and Isabelle Pirie
PJ's Up North LLC
Ralph and Pam Pound
Sayner Star Lake Lions Club
Judith Schmidt Arnold
Webb and Georgie Southwick
Lorna and Robert Springate
State Farm Insurance Companies
Stoney Creek Home and Garden Center
Gracee I. Vickerstaff
Diane and Raymond Weber
Martha and Paul Weeks
Michael and Marian Wenman
WISN TV 12

**ASPEN
\$100 to \$149**
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Diane Albers
M. Jean Allen
Dr. and Mrs. Warren Anderson
Carne Andrews
Pamela Anthony
Geoffrey and Elodie Bacci
Laurence and Mary Ann Baker
Tom and Laurie Baker
Willa Jane Bals
Mustafa Basir Evelek
William and Marie Bitters
Emma Rose Boedecker
Jeff and Terri Boh
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Pamela Brumback
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Nicole Freyman
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Tina Grebe
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Emanuel and Mary Ellen Kalanarhos
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Roger and Jane Kerstner
Elaine Kotlarek
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Leo Linhard
Joann Long
Karin Long
Robert and Brenda Loula
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Nicholas and Michelle McDonough
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Peggy A. Nimz
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Becky and John Westover
Mindy Winter
Brad and Jody Wipperfurth
Ronald and Glennes Youngbauer
Patricia J. Zach
Donald Zander



Annual Community Events

TUESDAY, JUNE 7TH, 2022

Lakeland Star Golf Outing

The annual Lakeland STAR Golf Outing held at the Minocqua Country Club benefits the students of Lakeland STAR School/Academy.

THURSDAY, JUNE 23RD, 2022

Let's Tee Off Against Breast Cancer

A vibrant, women-only golf event at Trout Lake Golf Club raises funds for "care package totes" for breast cancer patients across the Northwoods.

SATURDAY, JUNE 25TH, 2022

Bear Cupboard Run

Get ready for the 13th Annual Bear Cupboard Run on the scenic Bearskin Trail! This fun event benefits the Lakeland Pantry and the Firebird Foundation.

SATURDAY, JULY 23RD, 2022

A Cup of Tea

Enjoy a peaceful afternoon at Seasons of Life Gardens with raffles, music, refreshments and more. Proceeds benefit the gardens at Seasons of Life Hospice Home.

SATURDAY, AUGUST 20TH, 2022

Minocqua Dragon Boat Festival

Feel the energy of the 2022 Minocqua Dragon Boat Festival! Enjoy camaraderie, fun, and thrilling races to benefit the work of the Howard Young Foundation. Register at minocquadrdragonboat.com.

WEDNESDAY, SEPTEMBER 7TH, 2022

Bonhomie Club Recognition Event

This dinner is all about you, the donors that allow us to continue advancing healthcare in the Northwoods. This is an event to celebrate the contributions of our Bonhomie Club members with dinner and an update on Howard Young Foundation activities. Be a part of the Bonhomie Club by donating \$100 or more during the calendar year.

THURSDAY, DECEMBER 1ST, 2022

Wine, Women and Winter

Celebrate the holiday season while benefiting Lakeland Pantry. Wine tasting, holiday demos, festive holiday appetizers and gift raffles. You won't want to miss it!

Thank you to all who sponsor, volunteer, participate in or donate to one or more of these community events.
Your support helps advance healthcare in our community!



Feel the Energy!

The Minocqua Dragon Boat Festival
is back in person in 2022

The Minocqua Dragon Boat Festival is a fun, free, family event that has entertained thousands since it started in 2016. Over 100 teams have paddled from across 13 states and Canada. This excitement and energy has also had an immense impact on the health and wellness of our community by raising over \$750,000 to benefit our state-of-the-art hospitals including Howard Young Medical Center and Aspirus Eagle River Hospital, the Aspirus Tick-Borne Illness Center, and Autism Services.

In 2022, all proceeds will go towards a state-of-the-art hospital project for our community. Our festival fundraising will help offer our Aspirus patients better healthcare close to home. Aspirus Health is a non-profit, community-directed healthcare system that has been identified by IBM Watson Health as a Top 15 Health System for four consecutive years. We can't wait to bring the Minocqua Dragon Boat Festival back in person this year. **To Donate, Volunteer or Register, visit minocquadrdragonboat.com**

PADDLES UP AUGUST 20TH, 2022!
REGISTRATION IS NOW OPEN!



Howard Young
Foundation

P.O. Box 470, Woodruff, WI 54568

Aspirus Cardiology

Meet Our Woodruff Providers



**Aaron
Follensbee, PA-C**
Physician Assistant



**J. Michael
Frangiskakis, MD, PhD**
Cardiologist



John Yang, MD
Cardiologist

Aspirus Heart Care is now available in the cardiology suite at Aspirus Woodruff Clinic-Maple Street, located on the campus of Howard Young Medical Center. This is just one example of the efforts Aspirus is making to solidify or expand primary and specialty care service offerings in the Northwoods.

Aspirus has built one of the nation's best cardiovascular programs. From diagnosis to discharge, the program provides complete cardiovascular care, more options and superior outcomes by pooling the energies and expertise of the best surgeons, cardiologists and research specialists to attack the disease from all angles.

Aspirus Wausau Hospital was recently named one of the Nation's Top 50 Cardiovascular Hospitals by Fortune and IBM Watson Health. It's the only program to receive the recognition for seven years in a row.

"We believe in providing as much healthcare locally as reasonably possible," said Teri Theiler, President of the Aspirus North Wisconsin Division. "The Woodruff cardiology expansion will be located within the cardiology suite that was generously provided by Howard Young Foundation donors. This expansion compliments previously existing services in Rhinelander and other legacy Aspirus locations throughout the state and the Upper Peninsula." ●

To contact Aspirus Cardiology (715) 847-2611

This publication is brought to you by The Howard Young Foundation,
serving our community since 1984. To make a donation:



CALL

715-439-4005
To donate



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Howard Young Foundation
PO Box 470
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